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OF MEDICAL & HEALTH SCIENCES
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LUMHS Contribution to SDG-2 Zero Hunger

Liaquat University of Medical & Health Sciences (LUMHS) recognizes that access to adequate, safe, and nutritious food is fundamental to human health, well-being, and sustainable development. In alignment with United Nations Sustainable Development Goal 2 (Zero Hunger), the University demonstrates its commitment to addressing food insecurity, promoting nutritional awareness, and supporting the health and well-being of vulnerable communities. Through its healthcare services, community outreach programmes, nutrition-related awareness initiatives, academic activities, and collaborative engagements with social welfare organizations, LUMHS contributes to improving food and nutrition awareness and addressing the broader challenges associated with malnutrition and hunger. The University also emphasizes the importance of equitable access to essential resources and community support, particularly for underprivileged populations. Through these efforts, LUMHS extends its institutional role beyond medical education and healthcare delivery, contributing to a healthier, food-secure, and more equitable society.

Participation in World Food Day 2025

Liaquat University of Medical & Health Sciences (LUMHS) actively contributes to the annual observance of World Food Day as part of its commitment to promoting nutrition, food security, public health, and community awareness. On **29 October 2025**, LUMHS participated in the **World Food Day 2025** celebration organized by the **Institute of Biochemistry, Nutrition and Food Sciences (IBCNF), University of Sindh**, in collaboration with **Archroma Industries, LUMHS, Sindh Food Authority (SFA), and other partner organizations**. The event was coordinated under the leadership of **Prof. Afsheen Shah, Director IBCNF, University of Sindh**, who served as the Chief Organizer. LUMHS's participation reflected its commitment to strengthening inter-institutional collaboration and contributing its academic, scientific, and public-health expertise to initiatives focused on nutrition, food safety, food security, and the broader promotion of healthy and sustainable food systems.

Activities

The programme included:

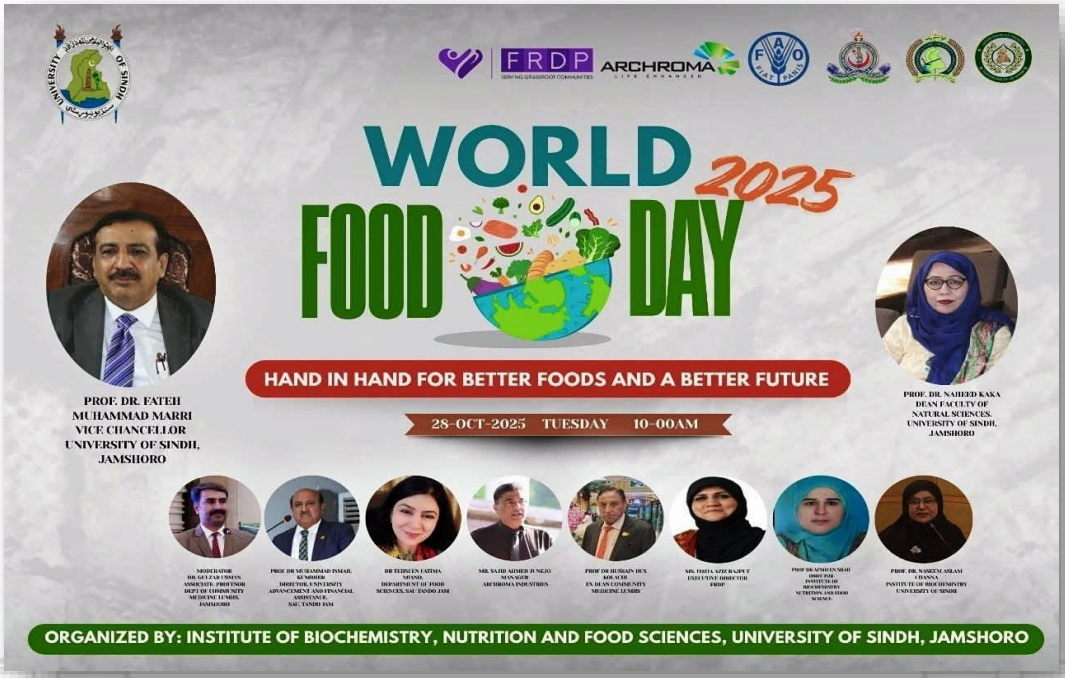
- Students' projects
- Food stalls
- Poster presentations
- Scholarly speeches
- Panel discussion
- Live theatre play
- Quiz competition

LUMHS Contribution

Dr. Shazia Shaikh and the LUMHS team participated under the directives of Prof. Muhammad Ilyas Siddiqui, Dean Community Medicine. The students from LUMHS participated in the activities.

Attendance

The event drew a large audience of students, faculty, stakeholders and guests.







LUMHS Extends Care and Compassion: Sharing Meals with Children of SOS Village

LUMHS Hosts Regular Educational Activities and Meals for Students from SOS Village

Liaquat University of Medical & Health Sciences (LUMHS) regularly organizes educational activities for students, accompanied by a nutritious lunch. By pairing learning opportunities with shared meals, LUMHS helps ensure that students can participate and learn without the burden of hunger. The activities also raise awareness of nutrition, food security, and the importance of reducing food waste. LUMHS will continue to hold such activities as part of its wider commitment to community welfare, inclusive education, and sustainable development.







LUMHS Participation in the CMAM Training (15-19 December 2025)

From 15 to 19 December 2025, Shaheed Mohtarma Benazir Bhutto Medical University, Larkana, organized a five-day training on Community-Based Management of Acute Malnutrition (CMAM) in collaboration with the International Rescue Committee (IRC). It was delivered under the project *Strengthening Local Civil Society and Community-based Organization and their Capacity in the Nutrition Sector in Sindh*, with Strengthening Participatory Organization (SPO) and MERF as partners and funding from the European Union. Liaquat University of Medical & Health Sciences (LUMHS) contributed to the training through **[faculty/experts delivered sessions / nominated N participants from the Departments of community Medicine**. The training covered early identification of acute malnutrition, including MUAC screening of children, and community-level referral and management. LUMHS's involvement strengthened frontline nutrition capacity in Sindh and drew on the university's clinical and public health expertise.

Outcomes

The training expanded the skills of health professionals and community-based organizations in Sindh. It also demonstrated LUMHS's commitment to community-oriented health education and to multi-stakeholder partnerships for nutrition.


MERF
SPO
Funded by the European Union
Community-Based Management of Acute Malnutrition (CMAM) Training
15th-19th December-2025
Organized by Shaheed Mohtarma Benazir Bhutto Medical University Larkana in Collaboration with International Rescue Committee
Strengthening Local Civil Society and Community-based Organization and their Capacity in the Nutrition Sector in Sindh
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OVERALL REPORT ON

SUSTAINABLE DEVELOPMENT GOAL NO.2